

Royal Redeemer Going Deeper Guide

Based on the sermon for February 28, 2021
Matters of the Heart: Guilt



For personal reflection or for use as a devotion with CGS Community or family

- **Begin by reflecting on/sharing a high and/or a low from your week**
- **CONNECT** *with each other*
 - Share a place you would like to go to get away from the cold weather and COVID restrictions.
- **GROW** *in Christ*

Read 1 John 1: 5-10

Light and Darkness, Sin and Forgiveness

⁵ This is the message we have heard from him and declare to you: God is light; in him there is no darkness at all. ⁶ If we claim to have fellowship with him and yet walk in the darkness, we lie and do not live out the truth. ⁷ But if we walk in the light, as he is in the light, we have fellowship with one another, and the blood of Jesus, his Son, purifies us from all^a sin.

⁸ If we claim to be without sin, we deceive ourselves and the truth is not in us. ⁹ If we confess our sins, he is faithful and just and will forgive us our sins and purify us from all unrighteousness. ¹⁰ If we claim we have not sinned, we make him out to be a liar and his word is not in us.

- Share any words or phrases that speak into your life today?
- Since God is light and no darkness, how might this metaphor be applied to why our sinful nature prevents us from a relationship with Him?
- How does Jesus fit into this metaphor so that our relationship with God is restored?
- According to verse 10 what does our claim that we are without sin mean in addition to deceiving ourselves as verse 8 says?
- How can God just forgive sin since punishment is required? (Hint Good Friday and Easter).
- What sins do you sense the Holy Spirit urging you to confess to God (in confidence)
- Why might verse 9 be called the “Christian bar of soap?”
- According to verse 9 what do we do to have our sins forgiven?
- **SERVE** *others*
Prayerfully ask God to put someone on your heart that needs to hear about Good Friday and Easter as we progress through Lent.
- **End with Prayer, the Lord's Prayer, or a short Blessing.**