

## Royal Redeemer Going Deeper Guide

Based on the sermon for February 21, 2021:  
*Matters of the Heart*



**For personal reflection or for use as a devotion with CGS  
Community or family**

- **Begin by reflecting on/sharing a high and/or a low from your week**

- **CONNECT** *with each other*

- Give an example from your childhood when you learned to modify your behavior in order to get what you wanted (or avoid what you didn't want).

- **GROW** *in Christ*

16 “Are you still so dull?” Jesus asked them. 17 “Don’t you see that whatever enters the mouth goes into the stomach and then out of the body? 18 But the things that come out of a person’s mouth come from the heart, and these defile them. 19 For out of the heart come evil thoughts—murder, adultery, sexual immorality, theft, false testimony, slander. 20 These are what defile a person; but eating with unwashed hands does not defile them.”

**Matthew 15:16-20**

- A corrupt heart will wreak havoc on relationships. You can try to temper your speech and control your actions, but those who are closest will eventually feel the condition of your heart. What damage could be caused if you live life without monitoring your heart?
- What is an example of a situation today in which you've learned to modify your behavior to make life work, but you've not necessarily addressed your heart issues?
- Why does simply changing your behavior not get to the core of the issue?
- Read Proverbs 4:23. Why is it important to guard your heart?
- How well do you guard what goes into your heart?
- How can you do a better job of guarding your heart this week?

- **SERVE** *others*

- Royal Redeemer is participating once again in the annual Feed Our Neighbors food drive. This collaborative effort, with other Faith Alliance churches, supplies food pantries in Butler, Warren and Hamilton counties. 2021 donations from Royal Redeemer will benefit Faith Community Choice Pantry. To participate, pick up a grocery bag in the Commons or go to [royalredeemer.org/events](http://royalredeemer.org/events)

- **End with Prayer, the Lord's Prayer, or a short Blessing.**